

Family life and overall happiness

	Attend family gatherings				Satisfaction with family life					How would you say things are these days in your life?			
	At least once/twice a month	A few times a year	Seldom/never	DK/ref.	Very satisfied	Somewhat satisfied	Somewhat dissatisfied	Very dissatisfied	DK/ref.	Very happy	Pretty happy	Not too happy	DK/ref.
	%	%	%	%	%	%	%	%	%	%	%	%	%
Total	35	38	27	*=100	69	21	5	3	2=100	32	52	14	2=100
All Christians	38	38	24	1	70	20	5	3	2	34	50	14	2
Highly religious	47	36	16	1	74	17	4	2	2	40	46	12	2
Not highly religious	32	39	28	*	68	21	5	3	3	30	52	16	2
Evangelical Protestants	40	35	24	1	70	19	5	3	2	35	49	14	2
Highly religious	49	33	17	1	74	17	4	3	2	40	47	11	2
Not highly religious	31	37	31	1	66	21	6	4	3	29	52	16	2
Mainline Protestants	32	42	26	*	72	20	4	2	2	32	53	13	2
Highly religious	35	47	16	2	76	17	3	2	2	40	48	10	2
Not highly religious	30	40	29	0	70	20	4	3	2	29	55	14	2
Catholics	42	38	20	0	72	19	4	2	3	35	47	15	3
Highly religious	56	33	11	0	76	16	4	1	2	40	42	14	3
Not highly religious	37	39	23	0	70	20	5	3	3	32	49	16	3

Note: "Highly religious" respondents are defined as those who say they pray daily and attend religious services at least once a week. All other respondents are coded as "not highly religious." Figures may not add to 100% due to rounding. See toplines for full question wording. The supplemental survey included too few interviews with those in other religious traditions - including members of the historically black Protestant tradition, Jews and religious "nones" - to permit analysis of highly religious and less religious subsamples within those traditions.

Source: Data on satisfaction with family life and overall life satisfaction from 2014 U.S. Religious Landscape Study, conducted June 4-Sept. 30, 2014. All other data from supplemental survey conducted Aug. 11-Sept. 3, 2014.

"Religion in Everyday Life"

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Discussions about religion

	% who talk about religion with ____ at least once/twice a month			What do you think is the best thing to do when someone disagrees with you about religion?			
	Immediate family	Extended family	People outside family	Persuade them	Try to understand and		DK/ref.
					agree to disagree	Avoid discussing religion	
	%	%	%	%	%	%	%
Total	46	27	33	5	67	27	1=100
All Christians	55	33	40	6	69	24	1
Highly religious	81	55	67	11	74	15	*
Not highly religious	41	21	24	4	67	28	1
Evangelical Protestants	70	44	55	10	70	18	1
Highly religious	88	62	77	16	70	14	*
Not highly religious	53	26	33	5	71	22	1
Mainline Protestants	42	21	27	5	70	25	*
Highly religious	68	38	50	5	81	14	0
Not highly religious	34	16	20	4	67	29	1
Catholics	42	22	24	2	66	31	1
Highly religious	67	37	49	7	71	23	0
Not highly religious	34	17	16	1	65	34	1

Note: "Highly religious" respondents are defined as those who say they pray daily and attend religious services at least once a week. All other respondents are coded as "not highly religious." See topline for full question wording. The survey included too few interviews with those in other religious traditions - including members of the historically black Protestant tradition, Jews and religious "nones" - to permit analysis of highly religious and less religious subsamples within those traditions.

Source: 2014 U.S. Religious Landscape Study supplemental survey conducted Aug. 11-Sept. 3, 2014.

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Volunteering

	Thinking specifically about just the past week, did you yourself happen to do any volunteer work in the last seven days, or not? And was that mainly through a church or other religious organization, or not?						In the past week, did you donate money, time or goods to help the poor and needy?
	NET Yes, volunteered	Through church	Not through church	Other/DK if through church	No, did not volunteer	DK/ref.	Yes
	%	%	%	%	%	%	%
Total	33	10	22	1	67	*=100	48
All Christians	34	12	21	1	65	*	52
Highly religious	45	23	20	2	55	*	65
Not highly religious	27	5	22	1	72	*	44
Evangelical Protestants	37	15	21	1	63	*	55
Highly religious	45	24	19	2	54	*	65
Not highly religious	27	5	22	1	72	*	45
Mainline Protestants	35	10	24	1	65	*	49
Highly religious	49	25	21	3	51	*	61
Not highly religious	31	5	25	1	69	*	46
Catholics	29	9	20	1	71	*	49
Highly religious	40	17	21	2	60	*	74
Not highly religious	25	5	19	1	75	*	42

Note: "Highly religious" respondents are defined as those who say they pray daily and attend religious services at least once a week. All other respondents are coded as "not highly religious." Figures may not add to 100% due to rounding. See topline for full question wording. The supplemental survey included too few interviews with those in other religious traditions - including members of the historically black Protestant tradition, Jews and religious "nones" - to permit analysis of highly religious and less religious subsamples within those traditions.

Source: Data on volunteerism from 2014 U.S. Religious Landscape Study, conducted June 4-Sept. 30, 2014. All other data from supplemental survey conducted Aug. 11-Sept. 3, 2014.

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Interpersonal interactions

% who say they _____ in the past week

	Told a white lie	Lost their temper
	%	%
Total	43	43
All Christians	40	43
Highly religious	38	41
Not highly religious	41	43
Evangelical Protestants	38	44
Highly religious	36	41
Not highly religious	40	48
Mainline Protestants	38	35
Highly religious	33	34
Not highly religious	39	36
Catholics	44	43
Highly religious	44	47
Not highly religious	44	41

Note: "Highly religious" respondents are defined as those who say they pray daily and attend religious services at least once a week. All other respondents are coded as "not highly religious." See topline for full question wording. The survey included too few interviews with those in other religious traditions - including members of the historically black Protestant tradition, Jews and religious "nones" - to permit analysis of highly religious and less religious subsamples within those traditions.

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Exercise and health

	Are you satisfied or dissatisfied, on the whole, with your health?					Frequency of exercise in past week					% who ____ in the past week	
	Very satisfied	Somewhat satisfied	Somewhat dissatisfied	Very dissatisfied	DK/ref.	Did not exercise in past week	Once or twice	Three or four times	Five or more times	DK/ref.	Meditated to cope with stress	Ate too much
	%	%	%	%	%	%	%	%	%	%	%	%
Total	52	30	10	6	2=100	29	27	23	20	1=100	30	58
All Christians	51	30	10	7	2	31	25	23	19	1	32	58
Highly religious	54	29	9	6	2	31	24	24	20	2	42	59
Not highly religious	50	31	10	7	2	30	27	23	19	1	26	58
Evangelical Protestants	50	30	11	8	2	31	26	24	18	1	32	59
Highly religious	53	29	10	6	2	30	25	26	17	2	39	60
Not highly religious	46	31	12	9	2	32	28	22	18	*	25	59
Mainline Protestants	52	31	9	6	2	32	24	24	20	1	29	58
Highly religious	56	28	7	6	2	30	19	31	19	*	40	61
Not highly religious	51	32	9	6	2	32	26	21	20	1	25	57
Catholics	53	29	9	5	3	30	26	21	21	2	31	58
Highly religious	57	27	8	5	3	34	22	21	19	4	40	57
Not highly religious	52	30	10	6	3	28	27	22	22	1	28	59

Note: "Highly religious" respondents are defined as those who say they pray daily and attend religious services at least once a week. All other respondents are coded as "not highly religious." Figures may not add to 100% due to rounding. See toplines for full question wording. The supplemental survey included too few interviews with those in other religious traditions - including members of the historically black Protestant tradition, Jews and religious "nones" - to permit analysis of highly religious and less religious subsamples within those traditions.

Source: Data on satisfaction with health from 2014 U.S. Religious Landscape Study, conducted June 4-Sept. 30, 2014. All other data from supplemental survey conducted Aug. 11-Sept. 3, 2014.

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Recycling and purchasing decisions

	How often do you recycle or reduce waste in order to protect the environment?					% who say _____ is a "major factor" when making purchasing decisions for everyday products			
	Whenever possible	Most of the time	Occasionally	Never	DK/ref.	Quality of the product	How		
							How much the product costs	environmentally responsible the company is	Whether company pays employees a fair wage
	%	%	%	%	%	%	%	%	%
Total	46	30	19	4	*=100	90	75	26	26
All Christians	44	31	20	4	*	90	77	26	26
Highly religious	47	28	20	4	1	90	77	26	28
Not highly religious	42	32	20	5	0	90	76	26	24
Evangelical Protestants	42	30	22	5	*	91	80	20	22
Highly religious	43	30	21	6	*	90	78	19	23
Not highly religious	42	31	23	5	0	92	81	21	21
Mainline Protestants	44	33	17	5	1	89	75	29	25
Highly religious	43	30	24	*	3	85	78	27	30
Not highly religious	45	34	15	6	0	91	74	29	24
Catholics	46	33	18	3	1	91	74	29	28
Highly religious	53	33	9	2	3	92	73	41	39
Not highly religious	43	32	21	3	0	91	75	26	25

Note: "Highly religious" respondents are defined as those who say they pray daily and attend religious services at least once a week. All other respondents are coded as "not highly religious." Figures may not add to 100% due to rounding. See topline for full question wording. The survey included too few interviews with those in other religious traditions – including members of the historically black Protestant tradition, Jews and religious "nones" – to permit analysis of highly religious and less religious subsamples within those traditions.

Source: 2014 U.S. Religious Landscape Study supplemental survey conducted Aug. 11-Sept. 3, 2014.

"Religion in Everyday Life"

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Essentials of Christian identity

% who say _____ is "essential" to what being "Christian" or "Catholic" means to them

	Believing in God	Praying regularly	Reading Bible/other religious materials	Attending religious services	Helping in congregation	Resting on Sabbath
	%	%	%	%	%	%
Total	68	49	32	27	22	14
All Christians	86	63	42	35	28	18
Highly religious	97	89	70	61	47	28
Not highly religious	80	48	26	20	17	12
Evangelical Protestants	95	79	60	42	35	21
Highly religious	98	93	83	63	49	31
Not highly religious	91	65	38	21	20	11
Mainline Protestants	80	49	27	18	19	12
Highly religious	98	80	61	36	36	18
Not highly religious	74	39	17	13	14	10
Catholics	79	48	22	34	20	12
Highly religious	95	87	42	75	42	20
Not highly religious	74	35	16	22	13	9

Note: "Highly religious" respondents are defined as those who say they pray daily and attend religious services at least once a week. All other respondents are coded as "not highly religious." See topline for full question wording. Catholics were asked if items were "essential," "important but not essential" or "not important" to "what being Catholic means to you." All other Christians were asked if items were "essential," "important but not essential" or "not important" to "what being Christian means to you." The survey included too few interviews with those in other religious traditions - including members of the historically black Protestant tradition, Jews and religious "nones" - to permit analysis of highly religious and less religious subsamples within those traditions.

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"Religion in Everyday Life"

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Essentials of Christian identity, continued

% who say _____ is "essential" to what being "Christian" or "Catholic" means to them

	Being honest at all times	Forgiving those who have wronged you	Committing to spend time with family	Not losing one's temper	Working to help poor/need	Working to protect the environment	Buying from companies that pay a fair wage	Being grateful for what you have	Dressing modestly	Being healthy by eating right and exercising
	%	%	%	%	%	%	%	%	%	%
Total	65	61	48	31	47	26	16	67	22	18
All Christians	67	69	48	32	52	22	14	71	26	18
Highly religious	81	86	56	47	69	25	19	84	43	24
Not highly religious	60	59	43	24	43	21	11	63	17	15
Evangelical Protestants	76	81	52	38	53	20	12	78	36	21
Highly religious	84	91	55	49	66	22	14	84	48	25
Not highly religious	69	72	50	27	41	18	10	72	23	18
Mainline Protestants	60	63	41	26	51	25	12	65	14	13
Highly religious	80	87	54	40	72	26	20	87	28	12
Not highly religious	54	56	37	22	45	25	10	58	9	13
Catholics	57	55	47	24	45	19	15	64	20	14
Highly religious	71	76	56	42	70	28	34	84	40	21
Not highly religious	53	49	44	18	38	17	9	58	14	11

Note: "Highly religious" respondents are defined as those who say they pray daily and attend religious services at least once a week. All other respondents are coded as "not highly religious." See topline for full question wording. Catholics were asked if items were "essential," "important but not essential" or "not important" to "what being Catholic means to you." All other Christians were asked if items were "essential," "important but not essential" or "not important" to "what being Christian means to you." The survey included too few interviews with those in other religious traditions – including members of the historically black Protestant tradition, Jews and religious "nones" – to permit analysis of highly religious and less religious subsamples within those traditions.

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Sources of guidance on major life decisions

% who say they rely "a lot" on _____ when making major life decisions

	Own research	Prayer/personal religious reflection	Advice from family	Advice from professional experts	Advice from religious leaders
	%	%	%	%	%
Total	82	45	43	25	15
All Christians	81	55	45	24	19
Highly religious	80	87	49	21	34
Not highly religious	82	37	43	26	10
Evangelical Protestants	79	70	44	20	26
Highly religious	80	90	45	17	40
Not highly religious	79	50	44	23	13
Mainline Protestants	83	38	39	27	9
Highly religious	82	80	46	32	21
Not highly religious	83	26	36	26	6
Catholics	84	39	50	30	10
Highly religious	77	77	52	28	19
Not highly religious	86	27	50	31	7

Note: "Highly religious" respondents are defined as those who say they pray daily and attend religious services at least once a week. All other respondents are coded as "not highly religious." See topline for full question wording. The survey included too few interviews with those in other religious traditions – including members of the historically black Protestant tradition, Jews and religious "nones" – to permit analysis of highly religious and less religious subsamples within those traditions.

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